

# CARITAS AUSTRALIA PROJECT COMPASSION



Toefuata'iga at her primary school in Samoa

## Parish Booklet 2025

**UNITE  
AGAINST  
POVERTY**  
this Lent

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 **Caritas**  
AUSTRALIA



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Visit the Caritas Australia website for more information about Project Compassion, including useful resources.

[projectcompassion.org.au](https://projectcompassion.org.au)



Want an easy way of collecting funds at your parish? Create a fundraising page and get a unique QR code to display at your parish so people can donate.

Scan the QR code to register your parish or [click here](#)

**SIGN UP  
NOW**



# WELCOME

## from Michael McGirr



**Let's all *Unite Against Poverty!* There is no time like 2025! This year is an exciting time in the life of the church.**

A Jubilee year only comes around once every quarter of a century, and it brings with it a special invitation for each one of us. That invitation is close to the heart of Caritas Australia's Project Compassion. The theme of Jubilee 2025 is *Pilgrims of Hope*. It is hope which calls us to come together and *Unite Against Poverty*.

The idea of a jubilee goes right back to biblical times and is closely linked to our call to a faith that does justice. It stems from the idea of a Sabbath. Once a week, from the beginning of our relationship with God, we stopped work to rest. Every seven years, at least part of the land was allowed to rest and recover, something that modern science happens to appreciate as part of caring for Earth. During a jubilee year, all the land was allowed to lie fallow and debts were called off. It was seen as a fresh start. The word jubilee shares its origin with our word *jubilation*.

In Chapter 4 of Luke's Gospel, when Jesus returns to his hometown, he announces the 'year of the Lord's favor.' This is the meaning of jubilee: 'he has sent me to bring good news to the poor and freedom for those in captivity'.

Inaugurating the Holy Year, Pope Francis wrote:

*We must fan the flame of hope that has been given us and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision... This will indeed be the case if we are capable of recovering a sense of universal fraternity and refuse to turn a blind eye to the tragedy of rampant poverty that prevents millions of men, women, young people and children from living in a manner worthy of our human dignity.*

During Lent, we are called to be good news for the poor. Project Compassion is a wonderful way to do this. This year, as always, we will be sharing several stories. They represent just a fraction of the work you support through Project Compassion. We will meet Toefuata'iga in Samoa, Lam from rural Vietnam, and Irene from the Democratic Republic of the Congo. I am sure you will find them challenging and inspiring.

Caritas Australia reminds us of our Christian vocation to *Unite Against Poverty*. Pope Francis has spoken about the culture of indifference. We are so very grateful that our Catholic community is far from indifferent to our sisters and brothers around the world. Even with the rising cost of living and other pressures, Catholics in Australia are so generous. For this we are deeply thankful.

On the night before he died, Jesus prayed 'may they all be one.' (John 17:21). Let us come together once again in this Year of Jubilee and *Unite Against Poverty!*

Peace and blessing to all!

Michael McGirr  
Mission Facilitator, Caritas Australia

# YOUR GUIDE TO PROJECT COMPASSION

Each year, Caritas Australia's Project Compassion brings together thousands of Australians in schools, parishes and the community to stand in solidarity with the world's most vulnerable communities, to help end poverty, promote justice and uphold dignity.

For Project Compassion, let's *Unite Against Poverty this Lent*. Let's become a profound force for change. A force that partners with the world's most vulnerable to stand against poverty. As individuals we can have a powerful impact – but when we come together as a community through Project Compassion, our good becomes great. Our combined kindness becomes amplified. And when we unite with each other – and with people living in poverty – we can create BIG, lasting change.

Here are suggestions to make it easier for your parish to link Lent, liturgy and life this Lenten season. Checklists are provided to help you plan and keep track of your activities.



## BEFORE LENT

- Have you received the resources you ordered?** If you have any queries, or need additional resources, please email us at [projectcompassion@caritas.org.au](mailto:projectcompassion@caritas.org.au) or call 02 7254 5120
- Share your parish Project Compassion resources** with your parish liturgy or social justice group. You can find everything you need on our website!
- Sign up to fundraise.** Create your parish fundraising page online at [fundraise.projectcompassion.org.au](http://fundraise.projectcompassion.org.au) to fundraise to *Unite Against Poverty*.

## PROJECT COMPASSION BEGINS

Project Compassion Sunday is the Sunday before Ash Wednesday. Kick off your Project Compassion activities by sharing your plans with your parish and wider community.

- Distribute donate boxes and envelopes.** Offer these to parishioners individually, either as people leave the church, or after Communion, signifying the link between saying 'Amen' to the Body of Christ and 'being' the Body of Christ in the world today.
- Display posters** prominently in your church, other Mass centres and meeting rooms.
- Deliver** one of the Project Compassion Sunday talks provided on our website.
- Showcase our films.** Meet the people featured in Project Compassion this year by showing the films during Mass throughout Lent.

*Note: The films have subtitles for parishioners with hearing impairments.*



## DURING LENT

- Insert the Project Compassion bulletin** notice in your weekly parish bulletin.
- Use Lent reflections and prayers** of intercession found in this booklet or on our website.
- Distribute donation boxes and envelopes.** If you haven't already, be sure to give donation boxes and envelopes to any parishioners who weren't at Mass on Project Compassion Sunday, and to your social justice group and other committees.
- Share your online fundraising page via social media** and use the resources on our website to spread the word to your community. Don't forget to use the #projectcompassion hashtag, and tag us as well!
- Show** the films.

## EASTER SUNDAY

- Continue to distribute** the Project Compassion donation envelopes on seats, or hand them out after Mass or as people leave on Easter Sunday.
- Print a bulletin notice with an invitation** to visiting parishioners and those who haven't participated before to support Project Compassion. For example, *"If you didn't have a Project Compassion box/envelope during Lent, envelopes on the seats enable you to participate today. All donations over \$2 are tax deductible."*

## AFTER EASTER SUNDAY

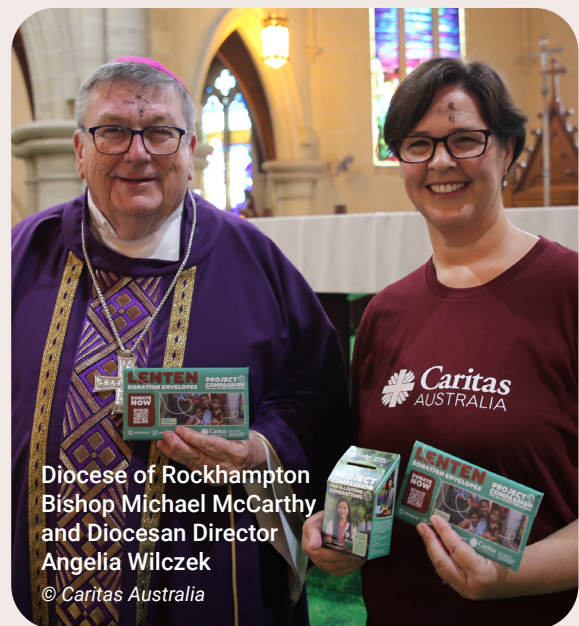
- Forward all of your donations** and record of receipts sheets to Caritas Australia.
- Take the time to thank** all who have supported Project Compassion in your parish.
- Turn over and display your 'thank you' Project Compassion poster.**
- Put a reminder in the parish bulletin** for April and May reminding people to hand in their donations.
- Put a thank you in the parish bulletin** announcing the total amount raised.



## TOP TIP

Many parish priests find it is a great help to have a parishioner working with them as their 'Caritas Australia Parish Representative'.

This person could create Project Compassion displays, distribute materials, organise the use of films and prayer reflections, and arrange other ways to maintain Project Compassion's meaning during Lent. Your Diocesan Director is also happy to assist. You can find their contact details via the QR Code on the back of this booklet.



## RECEIPTS

Please forward Project Compassion funds via EFT or cheque, along with your record of receipts sheet, to Caritas Australia by 31st May 2025.

If you would prefer to make your payment over the phone, please call us on 1800 024 413.

# PROJECT COMPASSION LENTEN PRAYER



**God of our journey  
we are all pilgrims of hope  
brought together by your love  
and your wish that we may all be one.**

**We pray that in this Year of Jubilee  
when we are called to greater justice  
and care for our common home  
that we may *Unite Against Poverty*.**

**May we work in unity for the freedom  
of the oppressed and the renewal of creation.  
may our compassionate minds  
and generous hearts help bring about a  
world where all can live in peace.**

**May our Lenten pilgrimage of  
fasting, almsgiving and prayer  
bring us closer to your loving heart.**

**We ask this in the name of Jesus.**

**Amen**





# REFLECTIONS AND PRAYERS

## Project Compassion Sunday Weekend of March 1–2

There have been some advertisements on TV lately for a well-known optometrist. They show people getting into all sorts of funny mishaps because they went to the wrong place to get their glasses and can't see where they are going. They fall out of boats, fail to recognise their boss, wear the wrong clothes and so on.

Jesus wasn't joking when he speaks in today's Gospel about the blind leading the blind. Nor when he speaks about taking the plank out of your own eye before we worry about the splinter in someone else's. Clear sightedness means being able to see both yourself and the world for what we honestly are.

This Jubilee year calls us to a sharper vision. The theme, chosen by Pope Francis, is Pilgrims of Hope, a theme which asks us to see where we are going. You may have noticed the Jubilee emblem of people in a boat, facing the same direction, united in the face of whatever the sea throws at them.

During Lent, which starts with Ash Wednesday this week, we undertake our annual pilgrimage of hope towards Good Friday and Easter Sunday. Along the way, we will hear many reminders that we are called to a faith that does justice. Jesus did not shy away from the painful and difficult path the father asked of him to walk towards Calvary and ultimately Easter. He walked hand in hand with God.

We too may be called to a challenging journey. Many of us carry burdens with our families, our relationships, our jobs, our accommodation and so on. We are also called to help carry the cross of the most marginal members of God's family throughout the world. For generations, Project Compassion, organised by Caritas Australia, has helped us to do this.

Let us *Unite Against Poverty* as people of crystal-clear vision. Let us take to heart the words of St Paul, part of whose letter to the Corinthians we



Primary school students in Samoa at a school performance.

© Caritas Australia

hear today: 'Never give in then, dear brothers and sisters, never admit defeat; keep on working at the Lord's work always, knowing that, in the Lord, you cannot be labouring in vain.'



### PRAYER OF INTERCESSION

We pray for the faith to see the whole world with the eyes of love, just as God does. As we prepare for Lent in this Year of Jubilee, may we open our eyes to the reality of the whole world and respond with compassionate hearts. We pray that Project Compassion will inspire us to *Unite Against Poverty*.





School girl in Samoa holds school work as she looks to camera.

© Caritas Australia

## Ash Wednesday March 5

**There is a great story about G K Chesterton, the famous writer who died in 1936. Among many things, he was the creator of Fr Brown, the detective who uses powers of empathy to understand people better than the police. He was once asked to contribute an essay to a collection on the theme of 'What is Wrong with the World?' His response to the question required only two words. 'I am,' he wrote.**

Ash Wednesday, which celebrates the start of Lent, calls us to a more courageous engagement with reality. That is why, when we receive ashes, we often hear the words 'remember you are dust and to dust you will return.' That is our truth. It is easy to look at the state of the world and descend into blame and indignation.

Sure, there are many things that are desperately troubling. Wars, poverty and environmental degradation are part of a long list. But who among us has the courage to own up and respond to the question, 'what's wrong with the world,' by answering 'I am.'

Don't misunderstand. We are mostly good people, doing our best to love and serve each other. But we would sell ourselves short if we left the future

of Earth to others who we thought were more to blame. Ash Wednesday asks us to look at the world and our part in it. Every year, we begin our journey to Easter with Jesus's advice to go into our private room, wherever that may be, and encounter the Lord one on one. Christianity, unlike so much else in the world, has little time for self-marketing.

Ash Wednesday is Day One of our Lenten journey. God's invitation to 'come back to me with all your heart' is also an invitation to leave our private room and step into a world in urgent need of our love and honesty. This year, Project Compassion is calling us to *Unite Against Poverty*. St Paul says, 'now is the favourable time.' We can make the most difference when we are most truly ourselves.



### PRAYER OF INTERCESSION

We pray this Lent for a deeper trust in God's plan. May our commitment to prayer, fasting and almsgiving, awaken within us a hunger for justice and compassion. May the Jubilee year remind us of our need for a fresh start. May our work for Project Compassion help us to *Unite Against Poverty*.



## First Sunday of Lent Weekend of 8–9 March

**The desert plays a significant part in Scripture: it is a place of both discovery and of getting lost. You may recall that Moses encountered God in the wilderness when he hears a voice from the burning bush.**

He discovered something vital to us all that day: God points us in a direction we may not choose for ourselves. Later, however, Moses and his people are lost in the desert for 40 years. We read the finale of that story in today's first reading.

First Australians have also had an intimate connection with the desert. Many Indigenous cultures danced in time with the desert for countless generations. When the so-called Pintupi Nine made 'first contact' after emerging from the Gibson Desert in 1984, they were in excellent health. The same desert could kill Europeans in thirty-six hours or less.

In today's Gospel, we learn that the Spirit led Jesus to a lonely place. Up to this point in Luke's Gospel, we have seen Jesus as a member of his family and community. We have met Mary and Joseph and Elizabeth and Simeon and Anna and John the Baptist. Now Jesus must stand on his own and decide what really matters in life. Is he going to rely on material things? Is he going to want power at any

price? Is he going to put himself rather than God at the heart of his decision making? These are the temptations of the devil.

Lent presents us with the same choice. Are we going to find our direction or just be lost in the swirling confusion of choices with which life presents us? Project Compassion helps us to find direction by offering us the opportunity to *Unite Against Poverty*. Are we content for the world to become more and more fragmented. Or would we prefer to stand up against voices of opportunism and exploitation? Every year, Caritas Australia is overwhelmed and grateful that our Catholic communities are so clearly on the side of justice and life.



### PRAYER OF INTERCESSION

We pray for greater respect for the environment. May we care deeply for Earth, the place that God has entrusted to our care. May we celebrate the Year of Jubilee year as pilgrims of hope, ready to find the direction towards peace and justice that God wants for us. May we *Unite Against Poverty* as we grow in respect for all life.



Primary school students in Samoa dancing and playing at school.

© Caritas Australia





Primary school students in Samoa drinking clean water from their new water tank.

© Caritas Australia

## Second Sunday of Lent Weekend of 15–16 March

**Today's Gospel brings us a wonderful moment in the education of Jesus's friends.**

Jesus was always trying to teach them about the mystery of life, and we can take heart from the fact that they were often slow learners. Peter, James and John see Jesus transfigured on the top of a mountain. But the vision doesn't last long. Peter, always practical, wants to build tents so they can stay in the moment. But no, the journey to Calvary lies ahead where they will see Jesus disfigured. Eventually, they will put it together that transfiguration and disfigurement are two sides of the same coin.

This week, Caritas Australia's Project Compassion shares another story of education. We visit a primary school in Samoa with 400 students and 11 teachers. Until 2023, the school had no reliable access to fresh water. At times, teachers had to fetch water from neighbouring families, and this took considerable time out of the day and limited classes. It also meant that each class had a single bucket of drinking water for everyone to share. Thanks to your generosity, this has now changed.

Education can continue uninterrupted. You might even say, that thanks to those who support Project Compassion, disfigured lives have been transfigured.

Samoa may seem a long way away but let us think for a moment of some of the words Jesus said on the night before he died. He prayed 'may they all be one.' We see the high price of division and conflict in so many places. People face each other with such hostility. As we *Unite Against Poverty*, we are slowly creating the solution. Our actions are teaching the world to see possibilities more than problems. Just as his friends saw Jesus in a brilliant new light, so too must we see the whole human family with its true dignity.



### PRAYER OF INTERCESSION

We pray for all those whose access to food and water is insecure. May the whole human family respond generously in creating lasting justice in the distribution of life's necessities. May we respond to opportunities such as those presented by Project Compassion this Lent to *Unite Against Poverty*. May we all be one.



## Third Sunday of Lent Weekend of 22–23 March

**Sometimes you hear Indigenous people refer to Jesus as a 'person of Country'. What might this mean?**

It is hard to imagine the Gospels without the connection of Jesus to the sea, the river, the desert, the fields and the mountain. His teaching often featured seeds and birds and sheep and corn. In today's Gospel, we hear the parable of the fig tree. The impatient person wants to cut it down. A wiser person is prepared to work with nature by putting manure on the tree and looking after it. This is a story of growth. God is creative. God is patient with us. God gives us another chance. He journeys with us on our pilgrimage of hope.

This week, Project Compassion brings us the story of Lam, a young man from rural Vietnam. Lam's disability made his upbringing difficult. Sometimes people look at those with disability a little like the fig tree. They judge them and dismiss them.

Through the I-SHINE program, supported by Caritas Australia's partner in Vietnam, Catholic Relief Services (CRS), Lam was able to pursue his dreams and become more independent. He enrolled in a six-month IT Technician training course in Da Nang that not only equipped him with professional skills but also rekindled his social connections

and confidence. Lam's dedication during the training paid off as he launched a freelance graphic design business from his home. Today, he is a successful graphic designer, serving clients locally and internationally and earning a stable income every month. He has a creative life.

In today's reading, Moses is in the wilderness, a place of surprising possibilities. Like the Australian landscape, the wilderness in Scripture is subtle; it is a place of encounter with God. Moses thinks he is having a regular day in the family business, looking after his father-in-law's sheep. But a voice comes from a bush that is blazing without being burnt up. The voice tells Moses to take off his shoes because 'the place on which you stand is holy ground.' This is the beginning of the freedom story of his people, the start of their journey out of captivity. May we *Unite Against Poverty* as we create a better world for all God's people.



### PRAYER OF INTERCESSION

We pray for all those who live with disability, especially those who are stigmatised in any way. May we do all we can to support their flourishing as truly equal participants in the human family.



Lam is working as a freelance Graphic Designer from his home in Quang Nam, Vietnam.

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Irene mentors other women in the Caritas Australia-supported youth empowerment program at a workshop.

© Arlette Bashizi



## Fourth Sunday of Lent Weekend of 29–30 March

**One of the most beautiful expressions in the Bible comes from the prophet Ezekiel (Ezk 11:19). ‘Thus says the Lord, I will take their hearts of stone and give them hearts of flesh.’ It is a call to be tender and compassionate.**

You would need a heart of stone not to be affected by the stories we encounter today. Most of us have heard the story of the two sons in today’s Gospel over and over. The brilliance of the way Jesus tells stories is that it still gets under our skin. Here are two young men who think they can live on their own terms. One has a sense of entitlement and demands his share of his father’s estate which he then squanders. He is finally prepared to eat humble pie and find his way home. The other son has a different sense of entitlement. He believes that his hard work and reliability should provide him with a greater share of his father’s love. At different times in our life, we can relate more to one or other of these people. Jesus implies that they are both blind to the way God’s love works and that they both need to grow. They have both been dead and now must come to life.

The story we encounter this week is also deeply moving. Irene, aged 25, lives in the Kongolo region in the Democratic Republic of the Congo. Her father was killed during a war and Irene lived with her mother on very meagre resources, often going hungry for extended periods of time. Irene first became pregnant as a teenager and later had to

raise her two children on her own, with the support of her mother. As a single mother, it was challenging for Irene to care for her two sons without a stable income.

Irene’s life changed after she participated in the Youth Capacity Strengthening program, run by Caritas Australia’s partner, Caritas Kongolo. Through the program, she undertook training in sewing and livestock farming, enabling her to generate income to support her family.

Our second reading today reminds us that we are ‘ambassadors for Christ.’ St Paul says, ‘for anyone who is in Christ, there is a new creation.’ Let us all be part of building that new creation, setting the world to rights as best we can. Our part is to reach out in compassion and love to heal the wounds of the whole human family. Let us all *Unite Against Poverty* as pilgrims of hope in this Year of Jubilee.



### PRAYER OF INTERCESSION

We pray for those driven away from their homes by violence, persecution or poverty, especially women. May our hearts be open to do all we can to rebuild the lives of others through supporting Caritas Australia and the work of Project Compassion. May we be instruments of God’s peace and pilgrims of hope.



## Fifth Sunday of Lent Weekend of 5–6 April

**Pope Francis has spoken a great deal about our need for more women to occupy positions of leadership, both in the Church and in the world at large.**

In his wonderful letter about the way we belong to each other, *Fratelli Tutti*, he says ‘the organization of societies worldwide is still far from reflecting clearly that women possess the same dignity and identical rights as men. We say one thing with words, but our decisions and reality tell another story.’ He is concerned about ‘those women who endure situations of exclusion, mistreatment and violence’.

Pope Francis very much reflects the attitude of Jesus whose closeness to women distinguished him as a leader and teacher in his time. You might think of significant encounters in the New Testament: the woman at the well, Martha and Mary, the widow of Nain. You might also think of the woman we met in today’s Gospel, described by the scribes and Pharisees as ‘caught in the very act of committing adultery.’ Listen to the sneer in those words.

These men, who are supposed to be educated and respected, have been peeping through the window. Their behavior is salacious, domineering and demeaning. In their self-righteousness, they threaten violence. There is no sign of the woman’s partner who is surely just as much part of the story. Jesus neatly turns the tables.

He starts by sitting on the ground, occupying a position lower than that of the woman. He is the only one not taking an eyeful of her.

Caritas Australia, whom we support through Project Compassion, has long acted in constructive ways to uphold the dignity of women and honor their strength, resilience and leadership. We have seen this during Lent, particularly in the stories of Irene from the Democratic Republic of the Congo, and Toefuata’iga from a school in Samoa. Please look at Caritas Australia’s resources online; you will find many such stories. In so much of the world, development is led by women.

This Lent, we have also been mindful of the Year of Jubilee, a significant call to *Unite Against Poverty* as pilgrims of hope. Today’s second reading reminds us that none of us is perfect. But like St Paul, we are still running, still trying to achieve ‘the perfection that comes through faith in Christ.’ This does not mean judging others as the scribes and Pharisees did. It means challenging ourselves to bring the world closer together as Jesus prayed ‘may they all be one.’



### PRAYER OF INTERCESSION

We pray that all women may be respected and encouraged to take their rightful place in society. We pray also that all people will have access to clean water and safe housing. May we *Unite Against Poverty* as we act for justice in concrete ways, such as through Project Compassion.



Irene harvests her field in Kongolo, DRC.

© Arlette Bashizi





## Palm Sunday Weekend of 12–13 April

**Today we read The Passion narrative from the Gospel of St Luke. It is not by any means for the fainthearted. Even if it is familiar to us, we should try to remember how extraordinary it is.**

After so many centuries of cruelty, crucifixion still ranks as one of the most appalling things people have ever thought to do to their fellow humans. Yet this was how God chose to show the depth of his love. God was prepared to go to any lengths for us. The letter to the Philippians says that Jesus did not cling to his equality with God but emptied himself to assume the condition of a slave. Why? The only possible explanation is love. Anyone who has loved another knows that it will inevitably bring a share of suffering. Jesus walks alongside all who suffer. He shares their cross as they share his.

The fact that crucifixion was so common in the Roman world should also make us pause for a moment. Jesus lived and died in a world in which people were routinely degraded. He met plenty of them in his travels, people cast by the wayside, and helped many. For those without power, life was fragile, even cheap. Has much changed? Throughout Lent, Caritas Australia has invited us to share the work of Project Compassion. The stories we have encountered remind us that the world is still an

uneven field. Project Compassion invites us to respond in love to free people in captivity to very challenging circumstances. It invites us in a small way to carry the cross, to live in hope of the Resurrection.

Perhaps this week, as well as joining in the services of Holy Week, we can take some time to sit quietly with The Passion narrative from Luke’s Gospel on our own. Think about all the characters we meet: Peter, Judas, Pilate, Herod, the women of Jerusalem, Simon of Cyrene, the soldiers, the two criminals, the women from Galilee, the centurion, Joseph of Arimathea. Try to see the events from each of their perspectives. Then quietly see them from your own perspective, from your world in 2025. Pray in humble gratitude.



### PRAYER OF INTERCESSION

We pray for a renewal of our faith during Holy Week. May we learn more deeply what it means to be pilgrims of hope in this Year of Jubilee. Through works such as Project Compassion, may we *Unite Against Poverty* and walk alongside our sisters and brothers towards the new life of Easter.



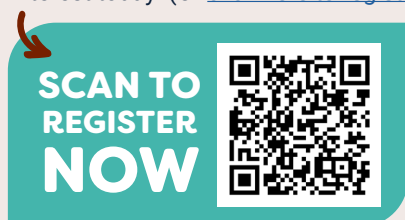
# PROJECT COMPASSION FAQS



Q1

## How do I book a Caritas Australia speaker to visit my parish during Project Compassion?

Simply scan the QR code below to register your interest today! (Or [click here to register](#))



The Caritas Australia representative will speak at your Mass during Lent about the inspiring Project Compassion stories and the impact of your fundraising.

*\*Please note, while we will make every effort to accommodate all requests for parish speakers, we unfortunately cannot guarantee availability for every parish.*

Q2

## How do I download my parish Project Compassion resources now that I don't have a USB?

As part of Caritas Australia's ongoing commitment to caring for our common home, in line with our Laudato Si' Action plan, we've made an important change in how we will share Project Compassion resources with you this year, and moving forward.

To reduce waste and support sustainability, we're no longer distributing USBs. Instead, all Project Compassion resources are now quick and easy to download!

Simply visit the link below to download everything you need:

[projectcompassion.org.au](http://projectcompassion.org.au)

*\*You will also receive this link via email*

Q3

## How do I use the new Project Compassion donation envelopes at my parish?

As you know, we've simplified Project Compassion's donation envelopes, by moving to one weekly donation envelope. Here's how we recommend you use them:

- **Distribute weekly:** Place envelopes in the pews or at the entrance before each Mass, this same envelope should also be used during your Easter services.

- **Encourage donations:** Remind parishioners about the impact that their contributions make.
- **Collect envelopes:** Consider holding an additional collection during Mass specifically for Project Compassion to gather envelopes.
- **Submit donations:** After collecting donations each week, store them securely and ensure all envelopes are sent to Caritas Australia by 31 May 2025.

We understand this change may take some adjusting in the first year. If you run out of envelopes, let us know, and we'll do our best to send more if we have them in stock. Thank you for your ongoing support during this transition!

Q4

## How do I bank the funds my parish has raised for Project Compassion?

Great question, you can bank your parish contributions via:

- **Direct Deposit/Electronic Funds Transfer:** Deposit any cash and cheques into Caritas Australia's bank account using your deposit book and Supporter ID. Please confirm you are using the correct Commonwealth Bank account details before depositing and then send through your remittance so we can thank you!
- **Cheques:** Send or deposit cheques payable to Caritas Australia as early as possible after Lent. Ensure cheques are only received by Caritas Australia.
- **Credit Card:** Send all credit card donation forms directly to Caritas Australia for processing. If you would prefer to make your parish donation via credit card please call our Supporter Services Team on 1800 024 413 who will take the donation over the phone.

Q5

## I have another question or would like additional help, who can I reach out to?

If you have any questions, or you didn't receive enough parish resources, or you need help setting up your parish fundraising page, please reach out to the Project Compassion team on (02) 7254 5120

To find your Diocesan Director details, please see the back page of this booklet to get in touch!

# THANK YOU FOR YOUR SUPPORT



Lam stands with his parents in front of their farmland in Vietnam.

© Caritas Australia

Your generosity through Project Compassion this year empowers some of the world's most vulnerable people to build better lives for themselves, their families, and their communities.

Thank you so much for being part of Project Compassion 2025!

Please scan the QR or [click here](#) to find your Diocesan Director's details.



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